Energy Crisis

At first I was energized

The diagnosis shocked me into action

The clutching fear galvanized me

The details demanded attention

The family's tears called for comfort

The decisions were made

The adrenaline flowed and I was energized

But one day all the energy was gone

- Physical, psychic, emotional -

The days turned into weeks

And the weeks into months

Now I search

Each cell of my body

Each corner of my mind

ForOne tiny spark

Of energy

L. Hjelmstad, 1993